

# Simplifying the Still Life : Limited Palette

Polly LaPorte

## Materials List

- Palette – 12x16 inch white pad disposable palette, or similar. I use the Stay Wet palette with lid. Having space to mix paint makes it easier.
- Palette knife – not a tiny one. You want to be able to mix well with it. I like the one that has a rounded tip about 3 inches or so knife length.
- Rags or paper towels
- Solvent: Gamsol or Odorless Mineral Spirits
- Medium: oil of your choice
- Containers for solvent and a smaller one for medium.
- Paint – I use many brands M. graham, Utrecht, Gamblin, I prefer professional grade vs student grade.
- Easel

## Colors:

Titanium or any white

Cad Red (med or lt.)

Aliz Crimson

Ultramarine Blue

Cerulean Blue – hue OK

Cadmium Yellow (med or light)

Transparent Red oxide or any brown

Optional colors: Hansa yellow, black, Cad Orange

- Viewfinder – I like the ViewCatcher.
- Brushes – Flats! Filberts ok. Have one larger flat like an 8 at least. Bring a couple smaller flats like 2-6. Most of my painting is done with 4-8 flats, I like firm not super soft.

I use Princeton Catalyst, Princeton Summit Series 6100 white Taklon, Rosemary Ivory. Please use what you are comfortable with.

- Painting surfaces: Arche oil paper, stretched canvas, canvas sheets, gessoed hardboard, or what you like to use.

I recommend Fredrix brand canvas, they come in pads of various sizes.

Size- Have at least 8x10 or 8x8 area for your canvases. Bring a variety so you can choose the orientation for your composition. Plan to paint up to 2-3 pieces per day.

Have an option of a “non precious” surface to feel free to do quick studies. Bring one larger piece of canvas 12x16 ish and a hard board surface to tape it to.

- Black and white charcoal stick or pencil, (or white and black acrylic markers) toned paper sketch paper, can be any kind of paper like a paper bag.
- Masking tape
- Optional: apron, gloves, rubber/silicon shaper tool to wipe off areas of paint, neutral medium gray or tan acrylic paint to pretone white canvas, 1 inch cheapo brush for toning with acrylic paint. You can purchase pretoned canvas pads from Fredrix.

References:

Craig Nelson (artist - free facebook demos noon Fridays)

Recommended reading:

“Fill Your Oil Paintings with Light and Color” by Kevin D. Macpherson